

In Touch

Newsletter

"Little Hands, Big Achievements"



“Never go back. Not even to take a running start!”

-Unknown”

The Spotlight

Adriana has worked as a speech therapist for more than 25 years covering kids in hospitals, special schools and private practices. She has even worked with geriatrics in Barranquilla, Colombia. Thanks to the continuous family moves, Adriana has had the opportunity to work in Bogota, Colombia, Maracaibo and Valencia in Venezuela, Rio de Janeiro, Brazil and now Houston. Adriana family is composed by, her husband, Humberto and her three sons, Jorge, Arturo, and her oldest son, who lives in Rio de Janeiro-Brazil, Juan Felipe. He will soon be attending Texas Tech in Lubbock and Jose Miguel is actually in 4th grade.

Adriana's favorite book is Troy's Horse by JJ Benitez. She loves to dance with her husband. Adriana counts hot chocolate as being her favorite food. She really enjoys reading self-empowerment books and listening to the Colombian radio (Via Internet).

Words from Adriana: *"During this time with PTT, I have had the opportunity of knowing a special team both at the office and the patient families. I really like the honesty with the patients and the engagement to help them outcome the limitations they have."*

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Feedback

Personal Touch Therapy welcomes your comments and opinions. You can contact us via the following:

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Friendly Reminder

Therapists: Please continue to work with your patients this month on their BHSM therapy activity worksheet! We look forward to sharing their artwork!

Thanks!

**BHSM 2014****May 2014**www.PTTtherapy.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11 	12	13	14	15	16	17 
18	19	20	21	22	23	24
25	26 	27	28	29	30	31

Upcoming Events

May – Better Hearing & Speech Month

Sunday, May 11 – Mother's Day

Saturday, May 17 – Armed Forces Day

Monday, May 26 – Memorial Day (Office Closed)

Please visit us online to view our monthly Calendar, find information on monthly upcoming events, and more Personal Touch Therapy news.

www.PTTtherapy.com

Food For Thought

BHSM



PTT's helping children communicate

"This annual event provides opportunities to raise awareness about communication disorders and to promote treatment that can improve the quality of life for those who experience problems with speaking, understanding, or hearing."

– asha.org/bhsm/

Each May, ASHA and its members spread a hopeful, positive message about communication disorders—and the important role of the professionals who treat them. This year is no different. With a theme of "Communication Disorders Are Treatable," ASHA will reach out nationally to media, bloggers and allied organizations to raise public awareness. But because BHSM is strongest at the grassroots level, ASHA's biggest asset in reaching out is its members—and we are providing you with awareness-raising tools to use in your daily work and communities.

As always, ASHA members are key to the success of BHSM. ASHA strives to make it easy for members to get involved. Here are four ways to make the most of this year's celebration:

- **Use ready-made BHSM tools**— ASHA produces free resources such as a BHSM poster, press release and media advisory templates, and much more to help celebrate and promote BHSM. These are available on the BHSM member resource page. ASHA also offers for-sale products for audiologists and speech-language pathologists that can be used as gifts, prizes or awareness-raising tools.
- **Download the Identify the Signs member toolkit**— The Identify the Signs campaign includes a host of resources in the member toolkit, which can be used during BHSM and year-round. These capitalize on the eye-catching visuals of the campaign, and include posters, bookmarks, fact sheets, Facebook cover photos and more.
- **Share Your Stories**— ASHA members are full of creative and unique ideas when it comes to recognizing BHSM. From staff lunches, student contests, free speech and hearing screenings, advocacy events—get inspired by perusing fellow members' stories in the Share Your Stories section of the BHSM page. Better yet, submit a story for a chance to be featured by ASHA!
- **Participate in ASHA events and contests**— ASHA is planning a number of exciting ways to celebrate BHSM. We'll be inviting members to showcase how they are recognizing BHSM in our "Day in the Life, BHSM Edition" Instagram contest (for a chance to win a fabulous BHSM package); organizing a Twitter party on communication disorders. Stay tuned for more details on all of these exciting initiatives.

Announcements

May Birthdays:

5/1 – Denisse Ramirez, SLP Assistant

5/2 – Chelsea Pennick, SLP Assistant

5/2 – Jo Ann Gray, Director of Therapy

5/4 – Yazmin Rodriguez, Receptionist

Find us on Twitter

@PTT_LLC

And tweet them a Happy Birthday wish!



May 11th – Happy Mother's Day!



A mother-child relationship is a curious thing. It starts out as one of basic necessity (infanthood), morphs into one of emotional inconsistency (adolescence), and often ends as one of mutual respect and love.

As adults, parents can be more like friends than guides. Mom may give great advice when it comes to your job, your love life and more, but what about her teachings about ethics and morality? Remember when she showed you the importance of independence at a young age? Below are some of our favorite little lessons mom taught us early on.

- ✿ **There's more than one way to say "I Love You"**
- ✿ **Always keep an open mind**
- ✿ **Never forget to thank the people around you**
- ✿ **Simple actions often speak the loudest**
- ✿ **Honor the natural world around you**
- ✿ **Independence and communication are mutually inclusive**
- ✿ **Believe in yourself, but don't forget to learn on others**
- ✿ **The freedom of choice is one of the most beautiful things in the world**
- ✿ **Right now is the best time to get something done**
- ✿ **Personal acceptance will lead to happiness**
- ✿ **The best moments are the ones you are never expecting**

Helpful Links

Texas Medicaid & CHIP

Phone: 1-877-541-7905

Website: www.yourtexasbenefits.com

Down Syndrome Association of Houston

The Down Syndrome Association of Houston provides support, information and education to those in the Houston area. Monthly meetings in English & Spanish.

Phone: (713)682-7237

Web: www.dsah.net

Elizabeth S. Dybell, Ph.D., P.C.

Licensed psychologist providing assessments (all ages) for ADHA, LD, behavioral and adaptive development concerns, and school placement options. Author of "Myths of the Super Parent".

Phone: (713)218-7004

Epilepsy Foundation of Southeast & Northern Texas

Location: 2650 Fountain View, Suite 316

Houston, TX 77057

Phone: (713)789-6295

Web: www.efset.org

LET'S GET SOCIAL!



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