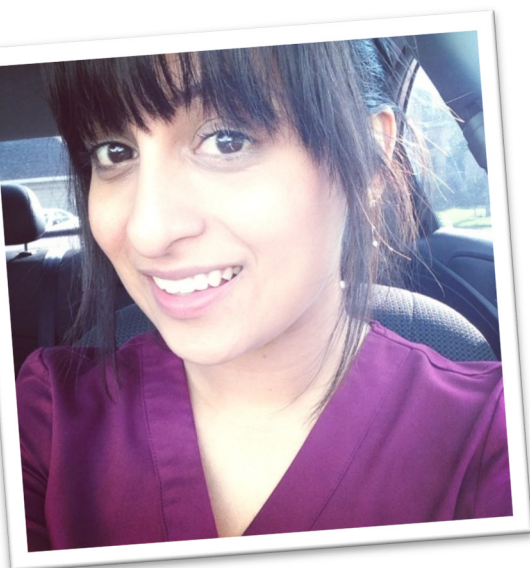


In Touch

Newsletter

"Little Hands, Big Achievements"



"No. Try not. Do... or do not. There is no try."

-Yoda

The Spotlight

Christian graduated from Texas A&M University-Kingsville with a degree in Communication Sciences and Disorders in May 2012. Before that, she was volunteering at several events involving Autism awareness. She was also an afterschool tutor for elementary students. She's only been a SLPA for about 1 year and a few months and finds it new and exciting!

Christian's parents raised her and her two brothers in Mission, TX. Her father is a songwriter for Regional Mexican/ Tejano music, but has a degree in Dentistry. Christian's mother has 20+ years working at La Joya ISD in the valley. She was a 1st grade bilingual teacher and now is a Reading Specialist at Palmview High school. Christian has two younger brothers that she looks after even from a distance.

Christian is a huge bookworm. Her favorites are from J.K. Rowling's Harry Potter series. She says those books are so descriptive and magical, she can't help but feel like that world is out there! She enjoys working out to Blogilates videos, love Mexican food, and has a baking hobby with her mom and can now make a carrot cake just like hers!

Christian would someday like to join the Peace Corps and do the world some good. She feels she has been blessed to have her family and a home and more. A lot of people do not have these, so she feels like she can do her part in this way and help them as much as she can.

Note from Christian: "Working at Personal Touch Therapy is great. The staff are always friendly and willing to help. This is my first job working under home healthcare. I enjoy making my own schedule to fit my lifestyle, as well. It's great to get to see my patients in their home, where they are comfortable enough to let their personalities show. The kiddos are fun and I love that I can teach them something that will ultimately help them in the future."

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Feedback

Personal Touch Therapy welcomes your comments and opinions. You can contact us via the following:

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Phone: (713)510-5699
Fax: (832)932-1629
Email: info@pttherapy.com

Friendly Reminder

To: PTT Staff Members

This is a friendly reminder to please check your emails at least twice daily. Administrative staff can no longer send text reminders. If you ever have any issues with accessing your email account, please inform Carmen of this immediately at (713) 422-2455.

Thank you!

February 2014 www.PTTherapy.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Upcoming Events**Sunday, February 2** – Groundhog Day**Friday, February 14** – St. Valentine's Day**Monday, February 17** – President's Day

Please visit us online to view our monthly Calendar, find information on monthly upcoming events, and more Personal Touch Therapy news.

www.PTTherapy.com**Food For Thought****10 Great Thoughts on Love**

Valentine's Day need not only be an occasion for lovers. It can also be the vehicle for expressions of deep sentiment towards family and friends, pets and acquaintances. It can be the expression of all that is joyous in life, the conviction that we ourselves are loved and deserving of it, and the deep gratitude that such a thing as love exists.

Here are ten great ideas on the subject that will get you thinking this Valentine's Day:

1. Love is composed of a single soul inhabiting two bodies. **Aristotle**
2. There is only one happiness in life, to love and be loved. **George Sand**
3. The greatest happiness of life is the conviction that we are loved; loved for ourselves, or rather, loved in spite of ourselves. **Victor Hugo**
4. If you press me to say why I loved him, I can say no more than because he was he, and I was I. **Michel de Montaigne**
5. Love is when you meet someone who tells you something new about yourself. **Andre Breton**
6. There is no disguise which can hide love for long where it exists, or simulate it where it does not. **Francois de La Rochefoucauld**
7. Love does not consist in gazing at each other, but in looking outward together in the same direction. **Antoine de Saint-Exupery**
8. True love is eternal, infinite, and always like itself. It is equal and pure, without violent demonstrations: it is seen with white hairs and is always young in the heart. **Honore de Balzac**
9. Life is the flower for which love is the honey. **Victor Hugo**
10. I love cats because I enjoy my home; and little by little, they become its visible soul. **Jean Cocteau**

Announcements**February Birthdays:**

- 17th Shontai M. Thomas, M.Ed. CCC-SLP, Administrator
- 17th Raquel Parent, M.A. CCC-SLP



Cupid-Approved Valentine's Day Recipe



This pizza features heart shaped pepperoni and is super easy to pull off. All you need to do is cut your pepperoni into heart shapes. Don't throw away the pepperoni scraps – garnish a side salad with them to serve alongside the pizza.



Valentine's Day Facts

When did it all start?

There are various theories on the origin of Valentine's Day, but the most popular dates back to the time of the Roman Empire during the reign of Claudius II, 270 A.D. Claudius didn't want men to marry during wartime because he believed single men made better soldiers. Bishop Valentine went against his wishes and performed secret wedding ceremonies. For this, Valentine was jailed and then executed by order of the Emperor on Feb. 14. While in jail, he wrote a love note to the jailor's daughter, signing it, "From your Valentine." Sound familiar?

More Valentine's Day-related Facts

Physicians of the 1800s commonly advised their patients to eat chocolate to calm their pining for lost love.

Girls of medieval times ate bizarre foods on St. Valentine's Day to make them dream of their future spouse.

The red rose was the favorite flower of Venus, the Roman goddess of love.

Red roses are considered the flower of love because the color red stands for strong romantic feelings.

The most fantastic gift of love is the Taj Mahal in India. It was built by Mughal Emperor Shahjahan as a memorial to his wife.

73 percent of people who buy flowers for Valentine's Day are men, while only 27 percent are women.

A love knot is a symbol of undying love, as its twisting loops have no beginning and no end. In the past, they were made of ribbon or drawn on paper to prove one's eternal love.

LET'S GET SOCIAL!



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