

In Touch

Newsletter

"Little Hands, Big Achievements"



The Spotlight

Chelsea has been a Speech Language Pathologist Assistant for two years now, and has had experience in both home health and clinic settings. She hails from our state's capital, Austin, TX where her family still lives. Chelsea has one older brother who also lives in Austin.

Chelsea's favorite movie is Romy and Michelle's High School Reunion, and her favorite food is Mexican. Chelsea has a few hobbies which include getting healthy, dancing, and finding more hobbies.

Something that Chelsea has wanted to do and will accomplish by spring of next year is to visit Paris! We wish her nothing but the best on her upcoming trip and hope she enjoys some delicious croissants. Oui oui!

Note from Chelsea: "Working at Personal Touch Therapy has truly been a life changing experience, I am grateful for everyone that I work with."

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"Cry a little, Laugh a lot.

- Unknown

Food For Thought

Food for thought...because that's all some folks have. Somewhere in the war between the 1% and the 99% are The Forgotten, The Invisible, the Homeless and Hungry with no hope. So while you are preparing for Thanksgiving (or any time) could you not buy a little extra to donate to a food pantry, a soup kitchen? You won't be sorry; those little random acts of kindness will give you a warm fuzzy glow inside. If you don't have the time around a holiday to help out at a soup kitchen, and you don't have the money to help, chew on this as food for thought because thoughts, regrets and broken dreams are all some folks will feast on this Thanksgiving.

Ways you can help:

- Houston Food Bank • Salvation Army
- Deliver Meals to Homebound Seniors
- Citywide Club of America

November 2013

www.PersonalTouchTherapy.net

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 	6	7	8	9
10	11 	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27 	28 	29	30

November Birthdays!

❖ Adriana Aguilar – November 13th



Feedback

Personal Touch Therapy welcomes your comments and opinions. You can contact us via the following:

Mail: 340 N. Sam Houston Pkwy E., Suite 246
Houston, TX 77060
Phone: (713)510-5699
Fax: (832)932-1629
Email: info@personaltouchtherapy.net

Announcements

Welcome!

We'd like to welcome the following team members to the Personal Touch Therapy family:

❖ Pam Shelby, Physician Liaison

We've now made it easier than ever for you to submit referrals! Visit our website <http://www.PersonalTouchTherapy.net> and by clicking the referral tab you will now see an online referral form that is incredibly user friendly and so easy to complete. All you will need is the patient and physician information and you're done! We do all the leg-work! Should you have any questions about this process please feel free to call our Office Manager, Lynn Menzies at (713)510-0489 or mail to: <mailto:lmenzies@personaltouchtherapy.net>. Thank you for your referrals and for the opportunity to serve your patients as our own!



Personal Touch Therapy's 2nd Annual Food & Clothing Drive

It's about that time for Personal Touch Therapy's Food & Clothing Drive! This year will be our 2nd year hosting our company wide food & clothing drive and we wish to invite everyone who helped us make a difference last year to also contribute this year!

This year's drive donations will be benefitting the following organizations:

α Houston Food Bank: A non-profit organization that collects and distributes food to hunger relief charities.

α Dress For Success: The mission of Dress for Success is to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life.

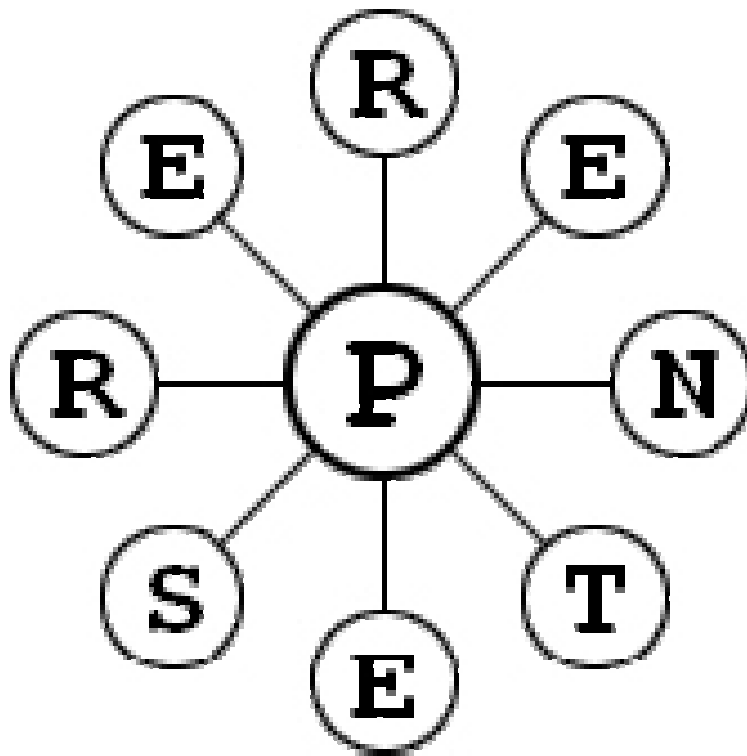
α Northwest Assistance Ministries: NAM is a nonprofit, community-based, multi-program social service agency that strives to supply basic human needs through neighbors helping neighbors.

If you are interested in helping please call or email Carmen, our Community Liaison at (713)422-2455 or cnarvaez@personaltouchtherapy.net

Personal Touch Therapy Brain Teaser

Using the BrainTracker grid below, how many words can you find? Each word must contain the central P and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word?

Excellent: 25 words. Good: 18 words. Average: 13 words.



*For the solution to this month's Personal Touch Therapy Brain Teaser visit our [Pinterest page!](#)

LET'S GET SOCIAL!

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For more information regarding this
or any other company publications
visit: www.personaltouchtherapy.net