

In Touch

Newsletter

"Little Hands, Big Achievements"



The Spotlight

JoAnn has been doing speech therapy for 10 years. She has worked in schools, clinics, home health, nursing homes and hospitals. JoAnn was born and raised in South Texas/Rio Grand Valley. She's married with an only child who is currently on deployment with the Navy and the grandma of a grandpup, Harley, he left for grandma to love until he returns.

JoAnn's favorite book is The Shack by William P. Young. She loves to play volleyball and enjoys watching football. JoAnn's favorite food is first and foremost, Mexican. Staying true to her roots! At a very close second is Mediterranean food. Her hobbies are reading, dancing, and most of all, traveling.

Something JoAnn has always wanted to do is to zip-line through the rainforest. Hopefully, one day soon, she'll be able to cross that off of her list! An interesting fact about JoAnn is that she LOVES hats! Any and all kinds of hats. And she wears them all.

Note from JoAnn: "I love the role of supervising new therapists that are shy yet eager to learn and watching them blossom into confident amazing therapists!"

Friendly Reminder

To: PTT Staff Members

This is a friendly reminder to please check your emails at least twice daily. Administrative staff can no longer send text reminders. If you ever have any issues with accessing your email account, please inform Carmen of this immediately at CNarvaez@pttherapy.com.

Thank you!

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JoAnn Gray

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“There are some things you can only learn in a storm.”

Joel Osteen

Feedback




Personal Touch Therapy welcomes your comments and opinions. You can contact us via the following:

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January 2014

www.PTTherapy.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17 	18
19	20 	21	22	23	24	25
26	27	28	29	30	31	

Upcoming Events

Wednesday, January 1 - New Year's Day (OFFICE CLOSED)

Friday, January 17 – Fourth Quarter/Annual Staff Meeting

Monday, January 20 - Martin Luther King, Jr. Day

Please visit us online to view our monthly Calendar, find information on monthly upcoming events, and more Personal Touch Therapy news.

www.PTTherapy.com

Food For Thought

3 Tips to Accomplish Your New Year's Resolutions

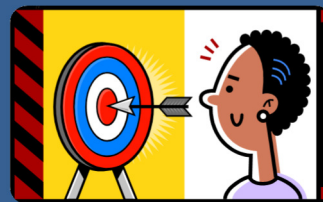
Like most people, you've probably made resolutions in the past that went unfulfilled. It's easy to give up on making resolutions because you've convinced yourself you just can't change. Don't be too hard on yourself. Here are 3 tips to help you accomplish your New Year's resolutions.

1. Creating Resolutions

- Think & reflect on changes & improvements you'd like to make
- Don't just address the "big battles"
- Discuss your goals with family & friends

2. Keeping Resolutions

- Set a time-activated plan for each goal
- Create accountability; Find a mentor or someone with the same resolution
- Focus on progress rather than the end goal



3. Wane in Enthusiasm

- Accept that your enthusiasm will wane over time
- Face your fear of change
- Lean on a support team
- Keep a gratitude journal

Announcements

We've now made it easier than ever for you to submit referrals! Visit our website <http://www.PTTherapy.com> and by clicking the referral tab you will now see an online referral form that is incredibly user friendly and so easy to complete. All you will need is the patient and physician information and you're done! We do all the leg-work! Should you have any questions about this process please feel free to call our Office Manager, Lynn Menzies at (713)510-0489 or mailto: lmenzies@pttherapy.com. Thank you for your referrals and for the opportunity to serve your patients as our own!

Speech Corner

Autistic man's gift for IKEA assembly turns into business



Photo: 1 of 3

JASON FRANSON / FOR THE TORONTO STAR

The next time you are cursing the assembly instructions for an IKEA desk or bookshelf, you will wish you were living in Edmonton. Residents in the Alberta capital can hire Brad Fremmerlid, a 24-year-old man with severe autism who can build anything.

Although he doesn't read or speak, Fremmerlid has an amazing ability to understand the most complex diagrams, blueprints and pictorial instructions. And for a small fee — currently about \$20 — he will build any piece of furniture in your home.

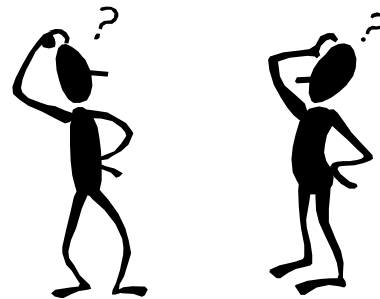
"Everyone tells us we should be charging more, but we're not really looking for money," said his father, Mark Fremmerlid, an air ambulance pilot, who launched the business for his son this month. "We just want him to have something meaningful to do.

To read the rest of the article visit our Blog at www.PTTherapy.com

{Source: The Toronto Star via PediaStaff Blog}

Brain Teasers

1. The manufacturer doesn't want to use it, the buyer doesn't need to use it and the user doesn't know he's using it. What is it?
2. The word CANDY can be spelled using just 2 letters. Can you figure out how?
3. Bill bets Craig \$100 that he can predict the score of the hockey game before it starts. Craig agrees, but loses the bet. Why did Craig lose the bet?
4. What is the next 3 letters in this sequence?
o t t f f s s _ _ _
5. FOUR is HALF of FIVE.
Is this statement True or False?



**The first to submit all answers correctly to Carmen by Feb 14th will receive a special gift!*

LET'S GET SOCIAL!



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