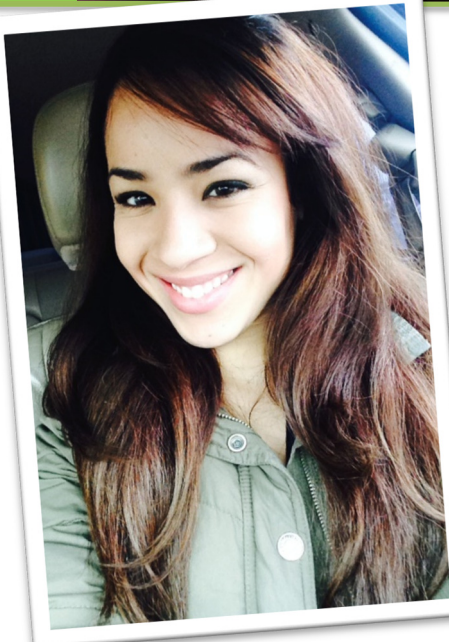




Newsletter

"Little Hands, Big Achievements"



The Spotlight

Erika is from Hidalgo, TX in the Rio Grande Valley where most of her family resides. She graduated from the University of Texas-Pan American with a Bachelor of Science in Communication Sciences and Disorders in May 2013. As a student, Erika was very involved in the community, campus organizations, as well as participating in various conventions; the most prominent of which was in a leadership program that was held at Harvard.

Erika has been involved in speech therapy since August 2011. As a senior in college she served as a volunteer at a hospital where she expanded her knowledge of TBI, aphasia, dysphagia, apraxia, strokes, Parkinson's and Wilson's disease in adults and MBSS.

Once she graduated, Erika moved to San Antonio, TX where she volunteered at three pediatric outpatient rehab clinics. During this time, she acquired experience in the areas of developmental delays, sensory processing disorders, Autism Spectrum Disorders, Cerebral Palsy, ADHD, Down syndrome, oral motor issues and feeding. As well as, articulation and phonological disorders, expressive/receptive language delays, learning disabilities, social/pragmatic skills, Apraxia disorders in children, hard of hearing children, and AAC devices.

Erika would someday like to try skydiving, and includes working out as one of her hobbies along with coming up with activities for kids. She has a lot of favorite movies, but she really enjoys romance, comedy, and drama. When it comes to a professional team, she'll always root for the San Antonio Spurs!

Words from Erika: "I am very fortunate to be part of a great team, Personal Touch Therapy. I look forward to working with such motivational and inspirational professionals and, above all, serving clients with my very best."

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Erika Gaytan**

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"You will be as small as your controlling desire, as great as your dominant aspiration."

James Allen

Feedback

Personal Touch Therapy welcomes your comments and opinions. You can contact us via the following:

Mail: 340 N. Sam Houston Pkwy E., Suite 246
Houston, TX 77060
Phone: (713)510-5699
Fax: (832)932-1629
Email: info@pttherapy.com

Friendly Reminder

RE: Light It Up Blue – Autism Awareness Fundraiser

From now until April 2nd we will be hosting a fundraiser for Autism Speaks' "Light It Up Blue" campaign to help raise autism awareness, and we're asking you to donate. If you have contributed to this worthy cause we thank you and hope many more will follow in your footsteps to help! To donate please read on in the "Food for Thought" section of our newsletter. Thank you!

March 2014

www.PTTherapy.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Upcoming Events

Wednesday, March 5 – Ash Wednesday

Friday, March 7 – LIUB Fundraiser Begins

Sunday, March 9 – Daylight Saving Time Begins

Friday, March 21 – World Down Syndrome Day (WDS)

Please visit us online to view our monthly Calendar, find information on monthly upcoming events, and more Personal Touch Therapy news.

www.PTTherapy.com

Food For Thought



We'd like to invite and encourage each and every one of you to help us shine a "light" on Autism. The most powerful tool to learning more about Autism is understanding. Donating your time, funds, or resources to Autism Speaks helps not only research, but also creates awareness. When we are all educated and informed it adequately equips us to be more understanding and share with others that same understanding. More understanding, more progress! Make a donation today!

Our goal is \$200 by April 2nd, but the sky's the limit, therefore we sincerely appreciate your kind generosity when considering donating to this amazing organization!

**** For every donation you make your name will be entered into a drawing to win a special gift basket, courtesy of Personal Touch Therapy, LLC!**

Don't forget to wear blue on April 2nd to join the cause and help create even more Autism Awareness!

- See more at: www.liub.autismapeaks.org Search: "Personal Touch Therapy"

Announcements

March Birthdays:

3/2 – Brandi Jones, SLP Assistant

3/26 – Anya Morgan, SLP Assistant

Find us on Twitter @PTT_LLC and tweet them a Happy Birthday wish!



World Down Syndrome Day – March 21st



We want to get people talking about World Down Syndrome Day on March 21st! We can do this if we all wear socks...BUT NOT JUST ANY SOCKS...wear brightly colored socks, long socks, printed socks, 1 sock...maybe even 3 socks for 3 chromosomes. If you don't normally wear socks then wear them. AND WHY STOP AT SOCKS? Wear brightly colored clothing if you like!

The choice is yours, but we ask you to join us in wearing something which people will ask you about so that you can tell them all about WDSD.

For more info visit:

www.worlddownsyndromeday.org

Helpful Links

Texas Medicaid & CHIP

Phone: 1-877-541-7905

Website: www.yourtexasbenefits.com

The Arc of Greater Houston

A non-profit organization serving individuals with developmental disabilities and their families.

Phone: (713)957-1600

Web: www.thearcofgreaterhouston.com

Attention Deficit Disorders Association (Houston)

Offer support to families coping with Attention Deficit Disorders and other related conditions.

Phone: (281)897-0982

Web: www.adda-sr.org

Be An Angel Fund, Inc.

Providing adaptive equipment and select services to individuals and institutions that serve children with multiple disabilities or profound deafness.

Phone: (281)219-3313

Web: www.BeAnAngel.org

Brain Teaser

Q: A farmer is trying to cross a river with a bag of corn, a hen, and a fox. The farmer's boat is only big enough to take himself and one other item per trip. The hen cannot be left alone with the corn or she will eat it. Likewise the fox cannot be left with the hen, or the hen will be eaten. How does the farmer get all three items across the river?

Email your answer to Carmen
(cnarvaez@pttherapy.com) by March 28th
to win a special prize!

LET'S GET SOCIAL!



InTouch Newsletter by:
Carmen Narvaez, Community Liaison
(713) 422-2455
cnarvaez@pttherapy.com

For more information regarding this
or any other company publications
visit: www.pttherapy.com